

St. Johns Cross County Race Schedule 2023

Players need to have a water bottle, a uniform shirt, and running shoes for each race.

St. Johns does not have a coach for Cross Country, but participants need to register for races with Mrs. Angerman. Mrs. Angerman will register the runners and pay any fees for each race.

Information for each race will be shared with participants of the Cross-Country team when they become available.

Parents are responsible for getting their children to and from each race.

Questions? Contact Mrs. Angerman (408) 930-4077.

Cross Country Meets

September

Saturday, September 9 – Winona (10:00 AM)

Monday, September 11 – RCLS (4:30 PM)

Thursday, September 21 - Resurrection (Gamehaven Reservoir - 4:30)

Saturday, September 23 – SILO (10:00 AM)

Friday, September 29 – Camp Omega (1:30 PM)

October

Saturday, October 7 - Lutheran State Meet - Mayer Lutheran

Oct. TBD - Lutheran National Meet - Concordia Wisconsin